



AMLA MASSAGE & SPA

PHUKET, THAILAND



Feet & legs massage



Classic Feet & Legs

Using special oils to stimulate the parasympathetic nervous system, which has a beneficial effect on many areas of the body.

60 m	฿ 650
90 m	฿ 850
120 m	฿ 1,050
150 m	฿ 1,200

Premium Feet & Legs

Our classic feet & legs is preceded by a foot scrub, and followed by a head, neck and shoulders massage.

90 m	฿ 1,100
120 m	฿ 1,350
150 m	฿ 1,550

Sport Feet & Legs

First, light friction for warming-up, followed by kneading to roll-out muscle tension, tissue manipulation, and hacking to improve circulation.

60 m	฿ 750
90 m	฿ 1,075
120 m	฿ 1,400
150 m	฿ 1,700

Warm Herbal Feet & Legs

Small cotton pouches containing aromatic herbs are soaked in warm oils to release their active elements on your feet and lower legs.

90 m	฿ 1,250
120 m	฿ 1,550
150 m	฿ 1,800

Chair-based Four Hands

Two therapists provide a luxurious whole-body experience, one focusing on your feet and legs while another therapist massages your hands, arms, shoulders, neck & head.

60 m	฿ 1,250
90 m	฿ 1,700
120 m	฿ 2,150
150 m	฿ 2,550



Everyday classics



Traditional Thai Massage

A full-body massage (without oil) that eases stress and relieves muscle and joint soreness by focusing on the body's main pressure points.	60 m	฿ 650
	90 m	฿ 925
	120 m	฿ 1,200
	150 m	฿ 1,450

Aromatherapy Oil Massage

A full-body massage using aromatic oils designed for relaxation, enhancing circulation and soothing the mind. Thai or Swedish styles available.	60 m	฿ 650
	90 m	฿ 925
	120 m	฿ 1,200
	150 m	฿ 1,450

Indian Head Massage

Based on old Ayurvedic techniques, this therapy is good for mental calming. It also promotes hair growth and eases headaches, sinusitis and insomnia.	30 m	฿ 450
	60 m	฿ 650
	90 m	฿ 850

Aromatherapy Sport Massage

A firm and energising full-body oil massage using stronger deep tissue techniques. Relieves strained muscles and improves circulation.	60 m	฿ 850
	90 m	฿ 1,200
	120 m	฿ 1,500
	150 m	฿ 1,800

Cannabis Massage

Benefits of massage with Cannabidiol oil include reducing inflammation, soothing painful joints and muscles, and improving blood pressure.	60 m	฿ 1,000
	90 m	฿ 1,450
	120 m	฿ 1,900
	150 m	฿ 2,325



Restorative massage



After Sun Massage

A gentle massage that soothes sun damaged skin, using special oils that soften dead skin cells, followed by deep cleansing using aloe vera.	60 m	฿ 900
	90 m	฿ 1,275
	120 m	฿ 1,650
	150 m	฿ 2,000

Herbal Pack Massage

A full-body massage adding Thai herbal therapy. Good for soothing muscle tension and stiffness in the body's key areas, especially after exercise.	90 m	฿ 1,275
	120 m	฿ 1,650
	150 m	฿ 2,000

Warm Candle Oil Massage

A soft glowing full-body massage using soybean candle wax blended with shea butter and olive oil to moisturise and nourish the skin.	60 m	฿ 1,000
	90 m	฿ 1,450
	120 m	฿ 1,900
	150 m	฿ 2,300

Hot Stones Aromatherapy

Smooth aromatic stones made of volcanic basalt are placed on specific parts of your body. Ideal for anyone with muscle tension, insomnia or stress.	90 m	฿ 1,450
	120 m	฿ 1,900
	150 m	฿ 2,300

Slimming Massage

A massage using a slimming device on key areas to reactivate the fat release process and eliminate localised fat. 10% discount for 6 daily sessions.	60 m	฿ 1,200
	90 m	฿ 1,650
	120 m	฿ 2,000



Luxury treatments



Four Hands Massage

Two therapists synchronise their movements to double the pleasure of a Thai or aromatherapy oil massage, creating a deeply relaxing sensation.

60 m	฿ 1,400
90 m	฿ 2,050
120 m	฿ 2,700
150 m	฿ 3,300

Premium Gold Massage

A full-body massage using special gold aromatic oil. Afterwards, your skin will feel and look like gold.

60 m	฿ 1,200
90 m	฿ 1,700
120 m	฿ 2,200
150 m	฿ 2,650

Facial Deep Skin Cleansing

Our facial treatments cleanse, exfoliate and nourish your skin, promoting a clear, well hydrated complexion.

8-step	฿ 850
12-step	฿ 1,200

Full-body Scrubs

Our full-body treatments help the skin to look smooth and vibrant. They include salt, coffee, herbal and coconut scrubs.

60 m	฿ 900
90 m	฿ 1,200

Sauna & Jacuzzi (Amla Layan)

Benefits include relaxation, easing pain and stress, and improving cardiovascular health. A range of sauna/massage packages is available at Amla Layan.

30 m	฿ 800
60 m	฿ 1,400





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& SPA

PHUKET, THAILAND

Pre-book and save

Save
25%

Pre-book
50 treatments
Pay for 38

Save
20%

Pre-book
40 treatments
Pay for 32

Save
16%

Pre-book
30 treatments
Pay for 25

Save
13%

Pre-book
20 treatments
Pay for 17

Save
10%

Pre-book
10 treatments
Pay for 9



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Making a booking



BOOKING HOTLINE
0800 44 33 00
Call, WhatsApp or SMS



Amla Laguna

12 Lagoon Road,
Boat Avenue, Phuket
Every day, 11 am to midnight



Amla Layan

Road 4018, Layan,
Cherngtalay, Phuket
Every day, 11 am to 11 pm



Call our Booking Hotline
to arrange a free pick-up

